

Installation Guide - Interlocking Gym Mat

Tools needed

- ◆ Non-marking rubber mallet or hammer.
- ◆ Utility knife (e.g. Stanley Knife) for cutting tiles or bevel edges.

Advance preparation

- ◆ Thoroughly clean the area where the mats will be installed, ensuring it is free from dirt and debris.

Advance preparation

- ◆ Start in the corner and connect the mats to form the desired size or shape. Tap the mats together using your hands or a rubber mallet.
- ◆ If you use bevel edges, please note there are two types – female and male. The female bevel connects to the visible interlocking section of the mat, while the male bevel connects to the straight edge. The bevels simply click into position to create a ramped edge.
- ◆ Use a sharp Stanley knife, or similar, to cut the mats or bevel edges to size.
 - ◆ Mats – Use the cut lines on the underside of the mat, as this ensures the mats can still be connected and the bevels fit correctly.
 - ◆ Bevel edges – Connect the relevant bevel to the mat and trim each bevel to create a straight edge or miter in the corners as shown in the diagram.

Cleaning and Maintenance

- ◆ Refer to the [data sheet](#) for detailed cleaning and maintenance instructions.

